

MEMBERSHIPS

A CONSCIOUS APPROACH TO WELLNESS — STRUCTURED FOR RESULTS

Our Memberships are your blueprint for clarity, recovery, and long-term vitality, designed for individuals, couples, and full families.

	SOLO	DUO	FAMILY	SOLO LIMITLESS	FAMILY LIMITLESS
	\$279 PER MONTH LIMITED	\$479 PER MONTH LIMITED	\$779 PER MONTH LIMITED	\$1,299 PER MONTH UNLIMITED	\$1,999 PER MONTH UNLIMITED
WHO IT COVERS	1 adult	2 adults, same household	Up to 4, same household	1 adult	Up to 4, same household
EXPERIENCE	Ideal for individuals ready to commit to consistent self-care and recovery	Designed for couples who prioritize shared wellness without compromise	A full-spectrum solution for households investing in collective well-being	All-access pass for high-performers seeking total flexibility and results	The ultimate wellness plan for families serious about longevity
BOOST ACCESS	Unlimited	Unlimited each	Unlimited each	Unlimited	Unlimited each
CORE ACCESS	4 bookings/mo	4 bookings/mo each	4 bookings/mo each	Unlimited	Unlimited each
HOCATT CAP (ADDTL SESSIONS 30% OFF)	Up to 2/mo	Up to 2/mo/person	Up to 2/mo/person	Up to 4/mo	Up to 4/mo/person
DISCOUNT ON ADDITIONAL CORE + BOOST SESSIONS	30%	30%	30%	30%	30%
DISCOUNT ON SUPPLEMENTS, IVS, ASSESSMENTS & CONSUMABLES	10%	10%	10%	10%	10%
NEW GUEST PASS (BOOST THERAPIES)	1	1	1	2	2
MONTHLY COMMITMENT?	Yes	Yes	Yes	Yes	Yes
BOOKING & CANCELLATION	Auto-renew, 3-mo min, 30-day notice, 60-day grace for unused CORE, freeze up to 2 mo/yr (\$39/mo), credits convertible to gift card	Auto-renew, 3-mo min, 30-day notice, 60-day grace for unused CORE, freeze up to 2 mo/yr (\$39/mo), credits convertible to gift card	Auto-renew, 3-mo min, 30-day notice, 60-day grace for unused CORE, freeze up to 2 mo/yr (\$39/mo), credits convertible to gift card	Auto-renew, 3-mo min, 30-day notice, 30 days access post-cancel, freeze up to 2 mo/yr (\$39/mo)	Auto-renew, 3-mo min, 30-day notice, 30 days access post-cancel, freeze up to 2 mo/yr (\$39/mo)
TERMS & FLEXIBILITY	Last-minute rescheduling allowed without penalty	Last-minute rescheduling allowed without penalty	Last-minute rescheduling allowed without penalty	Last-minute rescheduling allowed without penalty	Last-minute rescheduling allowed without penalty

CROSS-PLAN POLICIES (APPLY TO ALL MEMBERSHIPS)

- **Minimum term:** 3 consecutive months.
- **Cancellation:** 30-day written notice to Gables@CentnerWellness.com.
- **CORE rollover limit:** Up to 60 days of credits; older units expire.
- **Freeze:** Up to 2 months per calendar year (\$39 / frozen month) with 14-day advance request; medical freezes 1-6 months with documentation.
- **Late payment:** 15 % late fee after 30 days; services suspended until resolved.

- **Guest pass usage:** One first-time BOOST guest per month unless otherwise noted.
- **Discount stacking:** Session savings (10% - 30%) apply only while membership active.
- **HOCATT usage:** Caps reset monthly; extra sessions billed at discounted rate.
- **Appointment etiquette:** Most plans require at least 4 hours' notice to reschedule or cancel. Missed sessions without notice will result in a no-show charge and/or forfeit of that session.

VISIT CW GABLES LONGEVITY HUB



3000 Coral Way, Commercial Unit #3,
Miami, FL 33145

@CentnerGables

PACKAGES & PASSES

AT CENTNER GABLES, WE DON'T SELL SESSIONS.
WE BUILD SYSTEMS.



EXPERIENCE

BOOST ACCESS

CORE ACCESS

HOCATT CAP (ADDTL SESSIONS 20% OFF)

DISCOUNT ON ADDITIONAL CORE + BOOST SESSIONS

DISCOUNT ON SUPPLEMENTS, IVS, ASSESSMENTS & CONSUMABLES

NEW GUEST PASS (BOOST THERAPIES)

TRANSFERABLE?

MONTHLY COMMITMENT?

EXPIRATION & VALIDITY

BOOKING & CANCELLATION

EXPRESS RELIEF DAY PACKAGE

\$299 DAY PACKAGE
3 HR 45 MINS

Powerful 5-step
same-day full body reset

- 30 min EES or BioCharger
- 30 min VEMI Bio-Sync
- 30 min Lymphatic Compression + Red Light Face Panel (simultaneous) + Oxygen (not BOOST)

- 30 min Temperature Contrast
- 30 min Floatation Therapy

N/A

20% off same day of visit

10%

—

No

No

All credits must be used on the same day; no extensions or exceptions

Rescheduling is allowed up to 24 hours in advance.

Changes made within 24 hours will incur a \$35 fee, even if no deposit was collected.

Missed sessions without notice may result in a \$35 no-show charge and/or loss of that session from your package.

NEW-YOU 90-DAY PACKAGE

\$489 PACKAGE MIX
90 DAYS

90 days, 30% off, premium
longevity tech bundled for total
body and mind renewal

Each visit: choose one of the following:
15-min BioCharger, 30-min Red Light
Face Panel, 30-min EES session, or
20-min Massage Pod.

a \$700 value

N/A

20% off for 90 days

—

—

No

No

All credits must be used within 90 days. No extensions or exceptions.

Rescheduling is allowed up to 4 hours in advance.

Changes made within 4 hours will incur a \$35 fee, even if no deposit was collected.

Missed sessions without notice may result in a \$35 no-show charge and/or loss of that session from your package.

ALL-YOU-CAN-HEAL 30-DAY PASS

\$1,799 PASS MIX
30 DAYS

Unlimited access to tech-powered
therapies, full-spectrum healing,
total reset in 30 days

Unlimited

Unlimited

4

20% off for 30 days

10%

1

No

No

No extensions or exceptions

Rescheduling is allowed up to 4 hours in advance.

Changes made within 4 hours will incur a \$35 fee, even if no deposit was collected.

Missed sessions without notice may result in a \$35 no-show charge and/or loss of that session from your package.

CORE SERVICES

EPSOM-WATER FLOATATION THERAPY

30 MIN **\$ 65** Quick reset and immediate stress relief

HOCATT PEMF OZONE SAUNA

30 MIN **\$ 155** Mega-detox and vitality boost in private ozone room

COLD PLUNGE + INFRARED SAUNA

30 MIN **\$ 65** Quick revitalization and circulation boost

INNER LED RED LIGHT THERAPY BED

30 MIN **\$ 65** Inflammation reduction and skin improvement

BOOST SERVICES

RED LIGHT FACE PANEL

30 MIN **\$ 35** Targeted skin rejuvenation with LED tech

LYMPHATIC DRAINAGE COMPRESSION BOOTS

30 MIN **\$ 35** Lighter legs, detox and lymph flow

BIO-SYNC BED

30 MIN **\$ 95** Rapid stress relief and brain-body balance

BIOCHARGER

30 MIN **\$ 55** Balanced session for deeper energy

ZERO GRAVITY MASSAGE POD

30 MIN **\$ 35** Quick tension release and deep relaxation

ENERGY ENHANCEMENT SYSTEM (EES)

60 MIN **\$ 65** Extended scalar recharge and clarity

BRAINTAP TECHNOLOGY

30 MIN **\$ 35** Neurotech for focus, stress relief and sleep

CROSS-PLAN POLICIES (APPLIES TO ALL PACKAGES & PASSES)

- **No-Transfer Rule:** All credits apply to the purchasing client only.
- **No Extensions / Freezes:** Fixed windows cannot be paused or rolled forward.
- **Discount Window:** Any listed 20 % session discount and 10 % retail discount are valid only while the pass/package is active.
- **Guest Privilege:** Unless specified, only Full-Access 30-Day Pass includes 1 BOOST guest.

- **Late-Change Fees:**
 - 4-hour window for most products; event combos require 24 h notice.
 - \$35 late-change or no-show fee, even if no deposit was taken.
- **Credits & Caps:** HOCATT limits refresh only when a new pass/package is purchased; unused caps/credits expire with the product.
- **Payment:** One-time, non-refundable at purchase.

MORE SERVICES AND PLANS AVAILABLE

We offer additional Memberships, Packages, and A-La-Carte Services. Just ask, we'll help you find the perfect fit.

(786) 869-3711 gables@centnerwellness.com

www.CentnerGables.com